

ENDLESS VACATION

Beauty: Home Grown

Local ingredients make these signature spa treatments a natural choice

BY NINA HÄMMERLING SMITH | PHOTOGRAPH BY GREGOR HALENDA



Many top spas incorporate their region's culture and setting into their décor—the Native American-inspired SháNah Spa in Santa Fe, for example, offers treatments in a teepee set amid high-desert vegetation and arroyos. The following spas (which all accept day guests) have taken it one step further: They use indigenous natural ingredients to create their own one-of-a-kind treatments. So when in Hawaii, you can really be in Hawaii—right down to the Kona coffee treatment that's scrubbing all your tension away.

Sea-renity Spa, Sooke Harbour House, Sooke, B.C., Canada

Treatment: West Coast Body Wrap (\$200, 120 minutes)

Diane Bernard, known as the Seaweed Lady, harvests nutrient-rich seaweed from the ocean shores near Sooke (on Vancouver Island, 25 miles from Victoria) and blends it with clay, essential oils and other ingredients to create the SeaFlora products used in many treatments at Sea-renity. The detoxifying West Coast Body Wrap begins with a nourishing SeaFlora wrap, which is followed by a purifying facial mask. The last step: a full-body massage using seaweed serum. 250-642-7995; sookeharbourhouse.com; www.sea-flora.com